

# LIFE AT ST PAUL'S JERSEY



## SUNDAY 22ND MARCH – MOTHERING SUNDAY

10.30am - St Paul's Service broadcast online via the church website ([www.stpaulsjersey.org](http://www.stpaulsjersey.org))

For those who cannot get online, there will be a service on BBC Radio 4 at 8.10am  
or Songs of Praise on BBC1 at 1.15pm

**Verse for the week:** Colossians 3:15-16

*And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms, hymns and spiritual songs, with thankfulness in your hearts to God.*

Encapsulated in these two verses is probably one of the most important injunctions that we all need to grasp. When we are bombarded with ever changing and deeply distressing information we can so easily begin to flounder and find the uncertainties turning to distress and then to fear.

I personally identify with this and find myself wavering between the objective reality of the love and grace of God and the questions about the impact on others and myself of the various possible outcomes being faced.

We desperately need three things. Firstly the **peace of God** in our hearts and lives - it is vital that we are able to communicate that same peace to others whose lives we touch. Secondly the **promises of God** encapsulated in his Word, embedded in our memories and assuring our minds that we belong to the living God and nothing can separate us from him. Thirdly we will be encouraged to stand firm and to press on as we **glorify him** in personal praise.

None of us can predict the consequences personally or corporately of this present pandemic. What is clear is that God does care deeply and we are to show his care as we weep with those who weep and minister to those in distress or fear. We remain the People of God and have a message of hope to live and to share. (RS)

*"When peace, like a river, attendeth my way,  
When sorrows like sea billows roll;  
Whatever my lot,  
Thou hast taught me to say,  
It is well, it is well with my soul."  
(Horatio Spafford)*

### PLEASE PRAY FOR:

- **St Columba's Presbyterian Church** - as part of the Church in Jersey
- **The Mother's Union** on Mothering Sunday - as part of the Diocese of Canterbury
- **Helen Vandenborn** (formerly Bailey) - continue to pray as she receives treatment for cancer
- **Helen Ryan** as she continues her ordination training
- **Leslie (& Teresa)** - healing and recovery (very limited mobility with an uncertain diagnosis)
- **Dennie de Faye** who is finding life rather stressful having recently moved
- **The staff team** trying to navigate us all through this time as a fellowship

*Francelise Gallaher is the contact for the **Prayer Chain**; [francelise2@yahoo.co.uk](mailto:francelise2@yahoo.co.uk) or 07584 511102*

*You are also able to post (confidential) prayer requests from the front page of the website.*

**Church Office is OPEN. If you need our help, please call and leave a message; we will get back to you.**

**T:** 887887 **E:** [church@stpaulsjersey.org](mailto:church@stpaulsjersey.org) **W:** [www.stpaulsjersey.org](http://www.stpaulsjersey.org)

Things are a little different this week... and it seems they will be for some time - we are doing our best to work out how we can help you keep in touch to worship and fellowship together with us in these strange times. If you have any novel ideas do share them!

For starters, if you would like some hello/help postcards (example below) to distribute to your neighbours, please let the office know how many you would like and one way or another, we'll get some to you.



If you are self isolating or social distancing because of Coronavirus, I can help!

My name is \_\_\_\_\_

I live locally at \_\_\_\_\_

My number is \_\_\_\_\_

If you are struggling due to COVID-19 I can help with:

- |  |  |
|--|--|
| <input type="checkbox"/> shopping        | <input type="checkbox"/> posting mail          |
| <input type="checkbox"/> urgent supplies | <input type="checkbox"/> a friendly phone call |

Free help - please call or text & just ask - if I can, I will!

Coronavirus is contagious! Please take every precaution to make sure you spread only kindness... avoid contact, keep your distance (2m) & wash your hands regularly. Items should be left on the doorstep.